Day 1, Handout 1

Patient statements

Applying the communication skills training to clinical practice

## **Statement 1**

## *“I really do want to give up, but it’s just not something I can take on right now.”*

*How might you respond:*

## **Statement 2**

## *“I just don’t think I will be able to manage. I find it really helps me cope with stress.”*

*How might you respond:*

## **Statement 3**

## *“Stopping smoking is the last thing on my mind right now!”*

*How might you respond:*

## **Statement 4**

## *“And what do you know about my smoking and my life? Have you ever smoked?”*

*How might you respond:*